

**ASSESSMENT CATEGORY - Older Londoners****Carers of Barking and Dagenham****Adv: Sandra Davidson****Amount requested: £105,720****Base: Barking & Dagenham****Benefit: Barking & Dagenham****Amount recommended: £105,700****The Charity**

Carers of Barking and Dagenham (CBD) is the principal organisation in the borough seeking to meet the needs of people of all ages who have a caring responsibility. It aims to help them balance their caring role with maintaining their own quality of life. It runs several projects which include: advice and information; hospital discharge service; a dedicated young carers project; a 24hour dementia day-care provision; and support with personal budgets. The charity currently supports over 4,800 carers and their families, with an impressive pool of over 160 volunteers.

**The Application**

Funding is sought to develop support services to carers 65+ as the increasing number of service users find themselves in a position of having to care for a loved one as well as trying to support other family members. This initiative aims to provide practical and emotional support to carers and their cared for. The project will provide weekly advice sessions, a drop-in facility, telephone support and home visits.

**The Recommendation**

CBD has a wealth of experience of working with carers and is well networked within an area that has experienced one of the most profound demographic changes in its population. It has developed good working relationships with local Black, Asian and Minority Ethnic communities (BME) through outreach, links with faith groups, and referrals to the service.

***£105,700 over three years (£34,600; £35,200; £35,900) for the salary of a full time Carer and Family Advice Information & Advocacy Worker and associated running costs.***

**Funding History**

Meeting Date	Decision
04/09/2013	Declined as reporting on the previous grant was poor despite feedback. The application failed to reassure your officer that measurement of outcomes for the project would be up to the standard required.
03/05/2007	£84,000 over three years (£27,250; £28,000; £28,750) towards a programme of activities for older people and their carers.

**Background and detail of proposal**

Carers UK's recent research found that many carers experience social isolation and loneliness as a result of their responsibilities. Without the right support in place they often find their own health and well-being suffering as a result of the care they provide. The proposed Carer and Family Advice Information and Advocacy Worker will identify and assess the needs of carers, and provide assistance, advice and

information which aims to maximise their standard of living and income. Another key feature will be to encourage carers to access other support services including social activities, peer support, and training. Work delivered through this programme will complement the advice and support services already on offer from CBD. The charity works closely with Age UK and several other carer charities in the borough. Barking and Dagenham has consistently ranked considerably higher in the Indices of Deprivation index than the Trust's spend. Your officers have been liaising with the local authority, the local CVS and other funders to improve the level of independent funding received by the community and voluntary sector in the borough, and to develop its work to tackle disadvantage there.

### Financial Information

Forecast income for the current year is £824,401, of which (99%) had been confirmed by August 2015.

The charity has drafted a new reserves policy which changes the target free reserves from six to three months' worth of expenditure. This will be adopted at the next board meeting and therefore the table below assumes the revised policy will be in effect from 2015/16.

The charity advises that its cost of generating funds is low as the majority of its income is through service contracts. The figure shown in the table below is based on the amount of time the Director spends on making funding applications.

Year end at 31 March	2013/14 Independently Examined Accounts	2014/15 Forecast	2015/16 Current Year Budget
<b>Income and Expenditure</b>	<b>£</b>	<b>£</b>	<b>£</b>
Income	832,895	820,401	824,169
Expenditure	837,926	814,389	797,824
Unrestricted Funds Surplus / (Deficit)	(5,031)	(9,180)	10,400
Restricted Funds Surplus / (Deficit)	0	15,192	15,945
Total Surplus / (Deficit)	(5,031)	6,012	26,345
Surplus / (Deficit) as a % of turnover	(0.6%)	0.7%	3.2%
Cost of Generating funds (% of income)	10,085 (1.2%)	-	-
<b>Free unrestricted reserves</b>			
Free unrestricted reserves held at Year End	360,007	350,827	361,227
How many months' worth of expenditure	5.2	5.2	5.4
Reserves Policy target	209,482	203,597	398,912
How many months' worth of expenditure	3.0	3.0	6.0
Free reserves over/(under) target	150,525	147,230	(37,685)